

GENERAL MENU -

Home-made soup with crusty bread.....	£4.35
Potted chicken liver parfait, basil butter and melba toast	£4.95
Deep fried white bait salad with marinated cucumber and lemon dip	£7.95
Char-grilled chicken and vegetable ciabatta with balsamic reduction	£8.25
Char-grilled sirloin steak ciabatta with..... fried onions and creamed horseradish	£8.40
Seared marinated salmon on warm new potatoes, green beans, black olives in a chive oil	£9.50
Hot Cornish crab cakes on an asparagus and rocket salad with citrus and orange flesh dressing*	£8.95
Locally made Cornish pasty with chips and salad garnish	£7.85
Deep-fried Cornish cod in yeast batter with French fries, crushed peas and tartar sauce	£9.95
Pan-fried chicken escolopines and smoked bacon with a white bean casolulet and basil pesto*	£8.75
Seared Cornish seabass on creamed spinach risotto with a herb oil*	£9.85
Grilled locally made Cumberland sausages with creamd potato puree and red pepper pesto*	£7.80
Creamed spinach and mushroom pasta with Palmesan	£7.50
Stir-fried vegetable ciabatta with a plum sauce	£7.90

**Dishes are served as described, we recommend side orders of vegetables, salad or potatoes be ordered extra if you so choose*

CHILDRENS MENU

Salmon with new potatoes, green beans and black olives**£5.25**

Kids sausages with mashed potato**£5.25**

Cornish seabass on spinach risotto**£5.75**

Kids spinach and mushroom pasta with Parmesan**£4.50**

Cod and chips, crushed peas and tartar sauce.....**£4.25**

Chicken nuggets with French fries**£5.25**

Children's ice cream and sweets portions are available

SANDWICHES

Sandwiches are served with salad garnish and local hand cooked crisps

Cornish crab and cucumber with mayonnaise**£7.95**

Gammon ham and marinated tomato.....**£4.95**

Prawn and Marie Rose sauce.....**£5.25**

Cheddar cheese and real ale chutney**£4.50**

PLATTERS

Smoked seafish and shellfish platter with**£8.95**
two sauces, ciabatta bread and crisps

Ploughman's of Cornish Yarg and Stithians**£6.95**
cheddar with real ale chutney, pickled onions,
apple and crusty bread

JACKET POTATOES SERVED WITH SALAD GARNISH

Tuna mayonnaise and spring onion.....**£6.30**

Prawn and Marie Rose.....**£6.95**

Cheddar Cheese**£5.95**

SIDE ORDERS

French fries	£1.95
New potatoes.....	£2.20
Side salad	£2.50
Garlic Bread.....	£1.95
Selection of vegetables	£2.50
Bread and butter	£1.00

SWEETS

A bowl of fresh strawberries and Cornish clotted cream	£4.50
Treacle tart served with ice cream or clotted cream	£4.25
Warm bread and butter pudding with vanilla sauce	£4.25
Your choice of a selection of Cornish ice creams	£3.75
Crush hazelnut meringue with crème chantilly caramel sauce and grated chocolate	£4.50

Also see our daily special board and home-made dessert board

DAILY SPECIALS

Home-made cream of cauliflower soup, **£4.25**
served with crusty bread

Seared Cornish scallops and smoked bacon **£6.95**
on a cherry tomato salad

Honeydew melon with fresh strawberries..... **£5.95**
and a white wine syrup

Pint of shell on prawns served with garlic mayonnaise, **£7.75**
salad and crusty bread

Local mussels in a herb cream sauce with..... **£4.95**
crusty bread

Grilled Sirloin steak with a portabella mushroom, **£12.95**
onion rings, fries and salad

Char grilled Gammon steak served with roasted **£10.95**
tomatoes, fries and salad

Local Mussels in a herb cream sauce with **£10.95**
crusty bread

Grilled line-caught Mackerel served with green..... **£9.50**
beans and new potatoes

Duo of Salmon and Monkfish served on olive oil **£12.50**
crushed potato with asparagus spears

Grilled Bream served on pan wilted spinach **£11.95**
and a red pepper pesto

Grilled Sardines served on garlic and spring onion **£8.75**
mash with green beans and a herb oil

Seared Lambs Liver and Smoked bacon served on..... **£11.50**
horseradish mash with red wine

Oven roast Cod served on dill risotto with green..... **£9.95**
beans and a cream sauce

All food is cooked to order, sometimes that may take a little longer

AFTERNOON TEA MENU

Cream Tea - 2 homemade scones,..... strawberry jam and Cornish clotted cream served with tea or coffee	£4.95
Homemade fruit cake	£2.75
Chocolate chip cookies	£1.00
Strawberry and cream tartlets.....	£1.95
Home made treacle tart served with	£4.25
clotted cream or ice cream	
Ham Sandwich	£3.95
Cheese Sandwich	£3.50
Tea	£1.20
Coffee	£1.50
Cappuccino	£1.95
Hot Chocolate	£1.95
Latte.....	£1.95